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CAREER & ITS IMPORTANCE

At times we are surprised that what is a career and why do we need it. As humans, we have evolved from the cave - inhabitants to mars reaching species which is the result of the continuous effort put by countless men and women in various streams of work and invention.

Career is a stream of work chosen by a person to earn a living for oneself. Our life is a combination of family, career, growth, and satisfaction. Career plays a very important role in how we are going to lead our life.

However, most of the students are confused about the choice of career due to not understanding their own interests. One can assess the importance of career by this mere fact that if the career is not in alignment with personality, interest, and inclination of a person, it may always keep the person dissatisfied with life which ultimately leads towards an average life.

Our life is all about a delicate balance between personal and professional development. In today's high paced technologydriven materialistic world, one needs to have a good career in order to get a good personal life as well.

A person's stand-in society is also determined by the growth achieved in the career. The career not necessarily means to go in a well-recognized field, it means choosing a path as per the choice and interest of an individual and then excel in it. Any work can turn in a career for a person if excellence is achieved and a niche is created.



ABILITY & INTEREST

Ability is the inherited capacity of a person which enables one to perform a certain task successfully and completing it within the limits. Every person is different and so are the abilities of different people. Someone may be good at maths while one other may be good at painting. One student has a natural flair for literature while another one finds soil work interesting. Ability is an individual trait that is by default present in person but needs to be understood, polished, and practiced well in order to achieve desired heights.

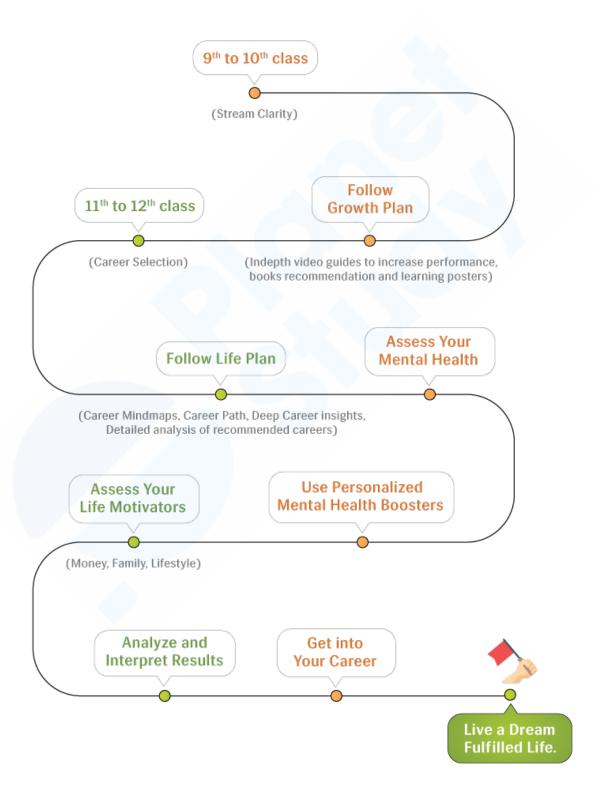
Interest is the inclination of the person to do a certain task. Interest helps a person to strive for excellence in the chosen field. Interest plays an important role while choosing a career because this is the factor that turns an ability into passion and passion is what differentiates an average performer from a star performer.

Both of these terms are interdependent if a person has the ability to perform but does not have an interest in doing that, the person would always remain mediocre in the chosen field. Similarly, if a person has an interest, but does not have the ability to do that job, the individual has to work very hard to understand the know-how of the job.

A good combination of ability and interest helps a person to excel in the chosen field. Absence of anyone will keep a person struggling for a lifetime. That's why it is of utmost importance that both the factors are taken into consideration while choosing a career so that every person shines.



Classification chart





BAR EXPLANATION

All the variables in the assessment have been explained through a two-colour bar which are red and green.

Green is the base colour of the bar which represents the range of score from 0 to 100. The red bar reflects the three slabs of a score which a candidate can secure in a particular segment of various assessments. The red bar has been divided into three phases which represent three slots of low, moderate, high.

If the red bar is on the left part of the green bar, it depicts that the candidate has scored less than 40 per cent in the given section which implies a low score. If the red bar is in the middle of the green bar, it shows that the score of the assessment taken is more than 40 per cent but less than 70 per cent, which is a moderate score. If the red bar is in the extreme right of the green bar, it depicts that the score of the candidate is more than 70 per cent and can be up to 100, which is a high score.

As aptitude section has absolute scores, the bar will be representing the actual marks scored by the candidate.

Learning habits are reflections of individual capacity to understand a given fact or knowledge. It is natural and identifies the best way of learning for a person. The score is a representation of learning inclination of an individual. The range defines the learning style of a person which are compatible with the style of a student.

Three variations in the bar represent three levels of inclination of the candidate. According to the score, each variable is explained and a remedial development plan is also shared.

While going through the report, a candidate should be careful about the score in various variables as it will help to understand oneself and to make the most suitable choices accordingly.



PCB

Physics, chemistry combined with biology opens the door of an elite and possibly most respected career that is of medicine. This profession has changed the world in the last two centuries and has increased the length of human life expectancy. This stream works as the basis for a career not only in medicine but also in paramedics, nursing, plants, veterinary, biotechnology, and research in medical and allied fields. Physics is the study of various laws of time and motion. It enables human to reach Mars and to keep searching for other galaxies. Biology is the study of human anatomy, plants, animals, and enables a student to understand the different body structures in detail.

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Career Recommended



Biotechnology



Physiotherapy



Nutritionist



Medicine



Dentist



PCM

PCM is considered to be the premium branch as it has been a perception among people that hard-working students can survive Physics, Chemistry and Mathematics as these subjects demand undiluted focus and hardcore efforts. These subjects enable an individual to go through rigorous practice and research and opens the door of almost all careers except medicine. The pioneers of this field have done the majority of inventions and research. Physics is the basis of understanding the universe and environment while mathematics serves as the base of most of the computational and digital services. Chemistry provides the knowledge of various elements and components required. This branch of study enables a student to explore the world logically.

65

Career Recommended



Engineering



Hotel Management



CDS



Architecture



NDA



Humanities

It refers to a branch of study which deals with aspects related to human society and culture. Subjects related to arts, philosophical analysis, and the evolution of society like history, geography, political science, sociology, philosophy, anthropology, psychology, languages, and fine arts are the main areas of study. Humanities have given great philosophers, economists, and writers like Socrates, Aristotle, Rabindranath, etc. This branch of study has various career options like civil services, fine arts, and teaching.

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Career Recommended



Design



Literature



Law



Mass Communication



Home Science



COMMERCE

It refers to a branch of study which deals which financial matters and study of business. Subjects in this branch of study consist of Accounting, Economics, Statistics, Business Studies, English and Other Languages, etc. Commerce is the language of business and provides the necessary knowledge to run an organization successfully. Understanding of accounts, economics provides a much-required basis for the analysis of economic and financial events. This branch leads towards various career options like CFA, CS, Financial Banking, Investment Planning, Labor law, CA, auditing, etc.

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Career Recommended



BMS



CFA



BBA



B.com(H)



CA



EQ/IQ Orientation

Emotional Quotient and Intelligence quotient are two dimensions of the personality of a person. Emotional Quotient or EQ refers to the ability to handle the emotional see-saw of life positively and the ability to deal with different emotions with wisdom and peace. While IQ refers to the inherited intelligence ability of a person which determines the level of understanding, analysis, and learning things, these two paradigms create the plateau of success for a person.

While IQ is determined by birth, and a person can do very little about it. IQ can only be sharpened through practice and using techniques, but the IQ of a person cannot be increased.

On the other hand, EQ is a trait which can be acquired through reading, observation, experiences, and learning. A person can learn to regulate the emotions and can respond wisely in various situations. Emotional Quotient plays a vital role in the success of a person because it helps to understand people, situations, and to behave accordingly.

These two paradigms if balanced subtly, can fill the life of a person with satisfaction, peace, success, and growth.







Empathy



It is a trait of an Individual which is very much desirable to create an emotional bond. It is the ability of an individual to connect with another individual and being able to understand and share his/her feelings. It is the capability of understanding the situation of the other individual from his/her frame of reference.

High Empathy

An individual with high empathy is really desired and loved within a society. Carrying this trait means that the individual is really able to create a bond or a sense of oneness with the individual he/she is interacting with. The individual is able to observe and analyse the situation from their point of view and then reflect his/her views on the issue or condition. They are usually helped a lot by others when they go through a rough patch in their life. One drawback of this trait is that sometimes these individuals are exploited on emotional grounds.



Social Adaptation



Society can be really harsh sometimes and change very rapidly. It is the ability of an individual or a group of individuals to have the capacity to change themselves to suit in the changing environment or conditions and being calm and composed during the change.

High Social Adaptation

This trait when cultivated by a person is quite a desirable trait indeed. These sorts of individuals know how to change and mould themselves into the changing conditions of their environment or surroundings. These people can survive anywhere. They mingle up with all kinds of human beings, stay calm in different weather conditions. They are able to adjust with religion, attitude and even food habits of the place where they happen to reside. They can stay calm and composed even if the working conditions are absolutely opposite to what they thought and keep doing their task with the greatest possible efficiency or productivity.



Emotional Regulation



An individual who has the ability to deal with challenges, misfortunes or any disaster and bounce back from the situation are the ones who can control their emotions and can regulate their emotional palette as per their convenience.



Moderate Emotional Regulation

An individual carrying the trait of moderate emotional regulation carries their calm and composed nature during emotional challenges. Emotions play an important role in human life and also affects most of the decisions. If we are not able to regulate our emotions, our decision-making capacity can be severely hampered. People who are able to keep a check on their emotions are stable in dealing with emotions. They can resist themselves from difficult situations but extreme emotional setbacks can shake them. They lose their calm after a certain period of time which leads to not being productive at the time of emotional ups and downs.



Self-Awareness



It is a sense of information about the desires, aspirations and inner core strengths about the personality of an individual. The action of being able to scrutinise oneself and knowing all the capabilities of oneself and being able to differentiate oneself from others in a crowd.

High Self-Awareness

An individual with high self-awareness is highly informed about themselves as a human being. They know how much capable they are and what their possible limits are. Self-awareness is vital as without assessing our own self we can not improve the areas which hold us back. Self-awareness is the key to development and excellence. Such people are capable enough to excel in a particular field, high level of self-awareness keeps them informed about the capabilities and these people can make the most out of the simplest of opportunities where they can outshine others. They are able to push themselves to the absolute limit as they are aware of their limits and strengths.



Self - Discipline



It is a self-implicating trait of an individual to control themselves or any other individual to adhere to the code of conduct be it an unfavourable or a lean situation. It is usually a very favourable trait to cultivate within oneself since it helps in creating adaptability.

High Self - Discipline

This is a trait which when cultivated by an individual becomes extremely favourable to achieve everything they dream about. Everything in life demands to be disciplined in the thought process and action both. Even a person with less talent can achieve great zenith in life and career with self discipline. The said individual is filled with the ability to adhere to a given code of conduct be it a harsh situation or a lean situation. They are extremely consistent with all the work they lay their hands on. They are also very much punctual. High self discipline is one trait which contributes most to the success of the person.



Advance Personality Assessment

We have already discussed personality, and the various fundamental factors which create the aura of a person but personality is a dynamic variable and tends to change with time, knowledge, age, and experience.

A young kid of 12-13 years when comes in mid-teen of 15-16 years is much different from the early version.

This advance personality test is an analysis of change in the child. At this stage, a child starts understanding the environment, society and begin to establish own perception towards the various phenomenon. Selfawareness starts and discipline with competitive spirit begin to cultivate in the person.

This test helps the child to analyse the present level of various parameters and then to find a remedial plan to develop those traits which are essential but are not present or not sufficient to make a right person. At this point, the competitive spirit must be encouraged, and focus, discipline along with interpersonal traits like empathy, trust, sincerity should be cultivated.

This advanced personality tests define the change in the personality and also helps to build a development plan for further enhancement.







Confident



An individual with this trait cultivates a sense of trust within themselves. It means to continue an effort and determination about handling something, such as work, family, social events or relationships. Confidence is basically the feeling or consciousness of one's power and abilities that are abide by the individuals.

High Confident

Confidence works as base of building blocks of success as in the absence of confidence even the most talented person is not able to present the work effectively. People with high confidence are the star performers in any team and they at times are ready to explore unknown areas. High level of confidence makes it possible for a person to take risks in life and to dare to dream for the goals and targets which normally people tend to avoid. High confidence is a double edged sword. If high confidence is not paired with proper analysis might land in trouble as well.



Focus



It is an intangible term that refers to a great deal of attention, interest towards a particular aim. It refers to the determination of an individual that he/she possesses the capacity to remain attentive during difficulties and challenges.

High Focus

An individual who chooses to cultivate this trait is extremely attentive and determined. They do not set their goals based on their determination levels rather they set their determination level and attentiveness based on the complexity of the goal they have set for themselves. High level of focus makes them observant and meticulous in their operations which makes them perfectionists. They are able to carry forward the interest and attention which they have, even if the goals are difficult to achieve. They are not affected by any changes in their surroundings.



Organised



It refers to the determination of an individual that he/she possesses the ability to arrange the things and plan activities systematically. These individuals are able to perform tasks efficiently since there is no confusion when all the plans and things are prearranged in a known manner.

High Organised

An individual who is highly organised is rated high on the scale of performance because of their skill to maintain themselves. Now a days there is a lot of chaos and distraction in life. It is important that one is organised enough to keep the life on the right track. Such kind of people maintain a high level of order in work and life. They carry the ability to arrange the things and plan activities systematically. They are extremely efficient in whatever they do because of the fact that everything is pre-planned and the plan is already laid down in a logical fashion. These individuals are structured, efficient and perform tasks actively.





Innovative

It is a highly desirable trait which some individuals inhibit that enables them to come up with original or unusual ideas through their use of imagination which helps them create something unique.



Moderate Innovative

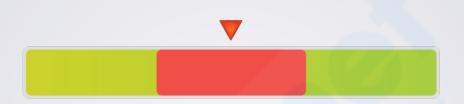
An individual with moderate innovation puts some efforts to think out of the box and come up with something new. Innovation in its root refers to cultivating original ideas and implementing them to complete a given task or achieve a set goal. Modern world has been shaped by the collective efforts made in the direction of innovation which has made life comfortable and much easier than before. An individual with this trait tries to do tasks differently and is also successful to some extent. Innovation in work becomes their habit and most of the star performer fall in this category. Having innovative approach towards tasks encourages these individuals to do better than the other in most of the fields.





Emotional Stability

It is a desirable trait which helps an individual to resist themselves from difficult situations, handle adversity and remain capable, calm and productive throughout the difficult phase.



Moderate Emotional Stability

An individual carrying the trait of moderate emotional stability carries their calm and composed nature during hardship but loses it as soon as the situation gets worse. Emotions are the core basis which distinguishes one person from another. Emotional stability is a must requirement, especially in a world where every individual feels alone despite of so much hustle on social media. People with moderate stability are stable and balanced. They can resist themselves from difficult situations but are not willing enough to handle adversity. They lose their calm after a certain period of time which leads to not being productive at the time of turmoil.



Competitive



It refers to the determination of an individual to win something. It is a really desirable trait where an individual is very keen to fight with others to win or achieve something and maybe even just to prove a point. The individual who is competitive must always fight with ethics in mind and fight in a fair manner.

High Competitive

The term competitive takes it roots from the word competition. Competition refers to fighting to achieve or win something. Having the guts to win the competition is a root cause of hard work and self motivation. A highly competitive individuals has the trait which is highly desirable within a society. They fight with all odds to achieve any goal. They have the absolute amount of determination which is required to win or achieve. They hop on every opportunity which is possible to be achieved. These are the people who dares to toil hard for success.



Sincere



It refers to a set of behavioural aspects of an individual. If an individual does not need to be monitored and supervised, maintains a sense of honesty and trust and follows the commands given, the individual can be termed as sincere. Such people complete the assigned task for their own satisfaction and standard first rather than doing it just for the sake of completing.

High Sincere

Sincerity refers to a set of behavioural traits which enables an individual to maintain a sense of honesty and obey the commands that are given to the individual. A person who is sincere does not require to be supervised every time and they can complete their tasks being self motivated. An individual with high sincerity can be trusted fully that they will deliver every single task that is assigned to them. They create reputation in a society that can be trusted fully. They have a self confidence which inhibited due to is experience. They are honest about their capabilities and their capacity to handle things and this trait helps them to be among the most sought after people.



Trusting



Trust is the inherited trait of human beings which makes it possible to live in society and to complete most of the work on the basis of trust level we put into each other. This one trait makes humans having faith in life, system and fellow humans. Trust is an essential factor for the development of human civilisation.

High Trusting

Trust is a tricky trait of human beings and most of our life is based on trust put into the people and the environment which surrounds us. In the absence of trust factor, every individual and situations which a person encounters look suspicious and make life difficult to carry on. An individual carrying this trait are highly desirable in the society we live in. These individuals always maintains the state of being faithful and other people can very easily put their faith and rely on them. These individuals are never suspicious at all on other individuals. They are vigilant and always carry a proper examination before putting their trust on other people. These individuals have faith on there honesty and prove to be loyal to other people in every endeavour they are involved in.



Learning Habits

Effective study habits helps in studying smarter and can be learned to improve the ability to better retain study material. These habits include approaching study with the right attitude, choosing the right environment, minimizing distractions, setting a realistic schedule and keeping the discipline to complete the schedule.

When it comes to study habits it is difficult to say why a particular person understands better in one way while another one in different way, we generally divide study habits into three types - audio, visual and tactical.

All the students learn differently, some study with music, while some like pindrop silence. Some students can even learn in noisy environment.

A person can study by reading or by seeing the things, some can retain better by hearing and some can use both. So it is important for a person to understand one's own habits and then to cultivate them to study better.

Study habits are important to understand and use this understanding to create appropriate study environment.







Auditory

Auditory study habits imply that particular trait when the person learns better by listening or speaking the content. A person with good auditory abilities is able to retain the learned knowledge using audio mediums like lectures, podcasts and listening from others. These people can remember most of what they listen to. Auditory habits make it easy for a person to learn as listening and speaking can be done without any external help. Auditory learners enjoy the privilege of fast learning from listening from others and are benefitted more by the knowledge that other people possess. It is easy for them to analyze better and skim the information for useful purposes. This kind of learning also improves peer learning where one can learn from the peer group.

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Visual



A person with visual study habits visualises the content to learn and remember the information. Visual learning abilities are very helpful in creating long term stable memory. Visual learning habits helps to learn more in the stipulated time period. Those people who learn from visualisation take less time in learning and are able to retain the information for a longer duration. Building brain castles is one of the most effective memory techniques which is based on the visualisation of information. Visual learning can be amazing as it a person is capable of creating visual in mind and some people are so good that they possess photo memory. They can recall everything they see and even can amaze people with their extraordinary skills. Visual learning also helps a person to form fact based opinions.

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Kinaesthetic

Tactile learning is when a person learns using the sense of touch and movement. This learning habit require some physical movement as some students walk while studying, some listen to music, some learns better while using computer and some take extensive notes. Kinaesthetic learners are fast in learning but to comply with the brain they involve themselves in some movement activity. Tactile learning habits help in creating fast memory but this kind of learners need revision of the information more to retain the knowledge in long term memory. For this type of learners, writing the information to learn and process is an ideal strategy as it satiates the craving of movement and at the same time captures the brain in the same activity which leads to better learning. Tactile learners can also use tools or gadgets to support the learning.





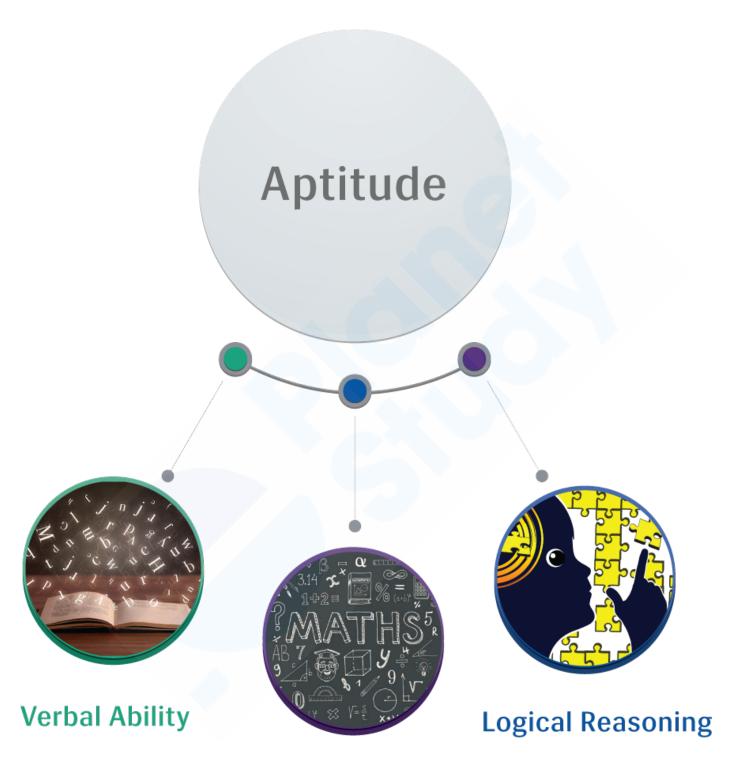
Aptitude

At times, students are flabbergasted about the omnipresence of the aptitude. A topic, which is not taught anywhere in formal education is so important that without good aptitude almost no paper can be cleared whether it is a competitive exam or a placement paper.

Aptitude is basically that capacity of human brain which helps implementing a known facts and knowledge to find solutions of unknown problems, without this a person even if scored very well in exam might not be a good performer at work. Aptitude helps a person to apply the given fact to find innovative solutions within the given resources.

The good news about aptitude is that unlike IQ, aptitude can be improved through rigorous practices and exploration. It is crucial for a student to practice aptitude even if it is not directly useful because it sharpens the brain and lessens the thinking time.





Quantitative Aptitude



Verbal Ability



One of the most important components of having a good managerial skill is verbal ability. There are many different components of verbal ability such as word power, analogies, sentence correction and verbal reasoning. Verbal ability requires a very good communication skills inculcated within the individual. Verbal ability can be the measure to define how quickly and accurately a person can process information to the other individual.

5

Low Verbal Ability

An individual with low verbal ability carries a highly undesirable trait when inculcated within the individual. These individuals lack in communication skills. They are not inculcated with good managerial skills. These individuals lack in the basics of the verbal components such as word power, analogies, sentence correction and verbal reasoning. Such an individual usually lacks public speaking and have a narrow vocabulary range.



Logical Reasoning



The term 'Logical Reasoning' is formed using two words which are logic and reason. The term logic refers to a systematic way of completing a task and the term reason refers to the meaning behind doing a certain task in a specified manner. Logical reasoning is the process of using a rational, systematic series of steps based on sound mathematical procedures and given statements to arrive at a conclusion.

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Moderate Logical Reasoning

Reasoning ability is that trait which helps a person to see things in a logical way , to connect the dots and to establish meaningful relationships among the not so related events and situations. This ability of a person has less to do with education but more with the capacity of the brain to see beyond the given facts and information. An individual with moderate logical reasoning does not have any fundamental issues and come up with feasible and practically logical solutions for the issues in hand most. They struggle only when the present scenario is too vague to understand or the input is very difficult to comprehend and deduce into the righteous conclusion.



Quantitative Aptitude



Quantitative Aptitude can be classified as a sub branch of Aptitude. It refers to the ability or skill of working with numbers. When an individual is able to solve numeric problems, mathematical calculation and is able to play with numbers in a logical manner, the individual is said to have good quantitative aptitude.

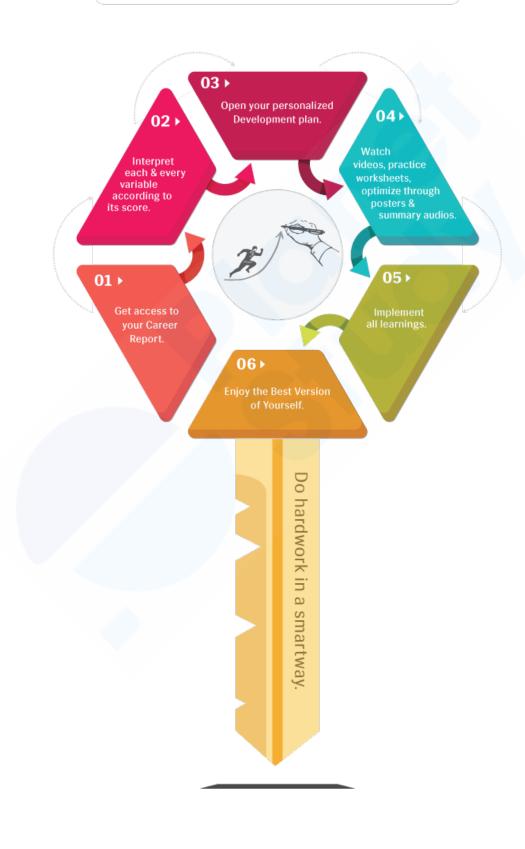
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Low Quantitative Aptitude

An individual who carries a low quantitative aptitude suffers a lot when he/she has to face a situation which involves numbers. They face difficulties in mathematics and the mathematical calculations become more sophisticated they tend to suffer more. This may not be a representation the aptitude content of an individual as it narrows the judging to a limited stream. Their level of manual dexterity with numbers and equations is relatively low.



GROWTH PLAN





Parents Section

- Understand your child, every child is different, and we need to understand the inclination of our child, and for that, we must expose them to various activities, let them be free and close to nature so that they can express their positivity.
- The realistic approach does not burden our child with our aspirations. What dreams we put on ourselves we put those dreams on our children, and we want them to do that irrespective of the fact whether they are capable and interested in doing that or not.
- Be parents, our children can have several friends in life, but they
 have got only one set of parents. We have to make them
 understand what is right or wrong and help them to learn skills
 which are necessary to survive in this world.
- Let your child learn from his/her experiences and do not overprotect them. A major issue with today's generation is their parents protect them too much which prevents a child from having some real-time experiences and learning. Let the child have negative experiences so that they can face the real world in the future.
- Your child should confide in you, if your child makes a mistake, you should be the first person to tell, and this can happen only when you understand your child when you do not burden him/her with ideologies which you think it should be.
- Do not be too idealistic before them. Most of the time parents give unrealistic advice because they want to reflect an ideal image in front of the child. Today's environment needs a realistic representation of parents rather than idealistic.



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